



Covid 19 Risk Assessment – Resuming Training

Identified Risks

- Arriving and Leaving
- Session Practices
- First Aid
- Equipment
- Toilet/Changing facilities
- Container
- Alcohol Gel
- People coming to training with the virus

What is the risk?	Who is at risk?		What has been done to minimise the risk?	Who is responsible?	Completed
	Adult	Child			
Arriving and Leaving i. Parking next to one another ii. Walking to the Pitch. iii. Walking to the Car Park. iv. Arrival Times	✓	✓	Arriving and Leaving i. Parents will be asked to avoid parking directly next to another car where possible. Normal safety precautions when walking	Parents Coach	



			<p>across the car park. Where possible parents should slightly stagger their times of arriving so as to avoid people gathering on the narrow walkway between the 2 tennis courts. People are to be reminded to not touch the fences of the tennis courts.</p> <p>ii. Adults and children to keep social distance. Markings on the floor to clearly show the distance. People are to walk through the path between the 2 tennis courts. This is one way. <i>(see diagram 1)</i></p> <p>iii. Keeping a social distance adults and children to return to the car park walking around the 'football-tennis court' and</p>		
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			<p>the back of the sports hall on to the car park. (<i>see diagram 2</i>)</p> <p>iv. Teams training on the same night should stagger their start times to avoid too many people arriving at the same time. Coaches are to work and liaise together through group emails, group messages and at the meetings to discuss when they will train.</p>		
<p>Session Practices</p> <p>i. Children will want to see and be close to each other.</p> <p>ii. Contact games will mean children being closer than 2 meters</p> <p>iii. Children putting their drinks together.</p> <p>iv. Number of attendances</p>	✓	✓	<p>Session Practices</p> <p>i. Children will be reminded of the importance of social distancing. Parents/carers to work with coaches to remind children of the importance of staying safe by keeping at least the 2m</p>	Coach Parents	



			<p>distance.</p> <p>ii. There will be no contact games until The Government and The FA update their guidelines. We will continue to follow both their lead.</p> <p>iii. A 1 metre square to be made from cones, ideally by the coach before arrival of parents and children. Parents and children to be told which square is for who. Parents to remain within the square with the child's drink. Parents are to help 'control' their children by reminding them to remain safe when walking to their area. Coaches to stagger drink breaks to avoid any excess mixing in of children. Parent/carers</p>		
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			<p>are asked for the child to only be accompanied by 1 appropriate adult and were possible for no siblings to be in attendance. <i>(see diagram 3)</i></p> <p>iv. It is important that parents confirm attendance or non-attendance to allow the coach to set up a safe area. Coaches are asked to ensure they have a confirmation from all parents at least 1 hour before the session. Obviously adhering to Govt. and FA guidelines.</p>		
<p>First Aid Administering first aid requires people to be next to one another which gives more of an opportunity for the virus to spread</p>	✓	✓	<p>First Aid i. Minimise potential for accidents through good housekeeping and effective supervision of</p>	<p>Coach MF & PW to ensure equipment is</p>	



<p>if either adult or child unknowingly has it. Government guidelines are currently anyone within 1 metre of another person for more than 1 minute they are classed as a contact. To avoid this PPE (mask and gloves) should be worn.</p> <ul style="list-style-type: none"> i. Risks of accidents ii. Being closer to child to administer First Aid. iii. Cleaning of hands after First Aid. 			<p>children; Utilise parents in doing this.</p> <ul style="list-style-type: none"> ii. PPE to be worn if required where there may be a risk of contact with bodily fluids - PPE includes gloves, mask, where possible ask the parent/carer to administer First Aid. The protocol should be for the parent to help their child, coach get gloves and mask on if needed to help. iii. In the event that the venue remains closed, Coaches need to carry with them some hand sanitizer to clean hands after First Aid. This will be provided by the club. Training cannot start until all the criteria is met. 	<p>stocked. Coaches to report any shortages and MF to replace.</p>	
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<p>Equipment</p> <ul style="list-style-type: none"> i. Risk of virus being spread through equipment. ii. Sharing equipment 	✓	✓	<p>Equipment</p> <ul style="list-style-type: none"> i. Children to avoid touching cones and any other equipment. Children to be given a ball at the start of the session for them and only them to use. At the end of each session after the coach has collected in their equipment they are reminded to wash their hands and avoid touching their face. ii. Each coach should have their own set of equipment; there should be no need to share any. Anyone that requires any balls or cones speak to PW who will provide the coach with some. 	Coach	



<p>Toilet/Changing Facilities</p> <p>i. Risk of transmitting the virus in an enclosed space.</p>			<p>Toilet/Changing Facilities</p> <p>i. The indoor venue will be closed so no child or adult will be using any of the indoor facilities. Parents need to be made aware that there will be nowhere for either adult or child to use the toilet.</p>		
<p>Container</p> <p>i. Entering the container. Using padlock and the door handle. Risk of virus staying on surfaces.</p> <p>ii. The container is an enclosed space.</p>	✓		<p>Container</p> <p>i. There is no need for anyone to enter the container as footballs and cones are to be kept by the coach.</p> <p>ii. If for any reason a coach needs to go in to the container (which they shouldn't) strictly only 1 person is allowed to enter. After locking the container you must wash your hands.</p>	Coach PW	
<p>Alcohol Gel</p>	✓	✓	<p>Alcohol Gel</p>	Coach	



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<ul style="list-style-type: none"> i. People may be allergic. ii. People may not be able to use alcohol gel for religious reasons. 			<ul style="list-style-type: none"> i. Coaches need to find out if anyone is allergic to hand gel, which may not be on previous medical forms but may be needed in case of an accidental contact. Whilst we have no toilet facilities if something suitable is not arranged then the child cannot train. Where possible parents are asked to bring their own. ii. Coaches need to find out if any child/parent is unable to use alcohol gel. Whilst we have no toilet facilities if something suitable is not arranged then the child cannot train. 	<p>MF & PW to ensure equipment is stocked. Coaches to report any shortages.</p>	
<p>People coming to training with the virus</p> <ul style="list-style-type: none"> i. The fact that the symptoms 	✓	✓	<p>People coming to training with the virus</p> <ul style="list-style-type: none"> i. We need to treat 		Everybody



<p>for a lot of people are a-symptomatic means people will be moving around as normal.</p> <p>ii. If people start to display symptoms.</p>			<p>everyone as if they have the virus which means keep social distance, avoid touching your face and wash hands. It's absolutely imperative that we take all the steps to keep everyone safe. Follow the guidelines. Help keep everyone safe.</p> <p>ii. If people start to display symptoms they are to safely leave training. Then follow government guidelines.</p>		
<p>Key Information</p>			<p>Registers need to be kept for each training session. This is in case any contact tracing needs to be done. Adhering to social distancing rules will help this. Key Information if needed is held by the club secretary.</p>		<p>Coach</p>



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Useful Information

NHS Covid-19 Page: <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Government Covid-19 Page: <https://www.gov.uk/coronavirus>

Junior Hoops: <https://juniorhoops.club/>

The Fa: <http://www.thefa.com/>

Lancashire FA: <http://www.lancashirefa.com/>

A course we urge all coaches and parents to do can be found at <https://www.virtual-college.co.uk/courses/prevent-covid-19-free-training>

If you feel that your group can not adhere to the guidelines, then please DO NOT train.

There is No Pressure to train.

It is the responsibility of the parents/carers to adhere to government guidelines. Children must not be brought to training if either they or a member of their household has symptoms. Neither should they attend if they have been advised to isolate for 14 days following being in contact of a Covid positive person.

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Club Welfare: Andrea Edmondson 07877 361112



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Diagram 1

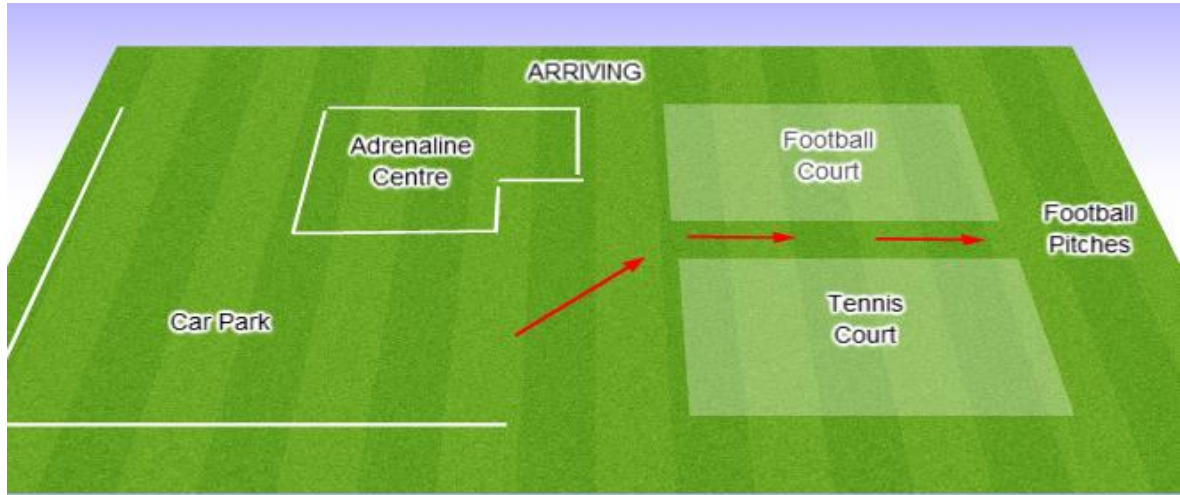


Diagram 2

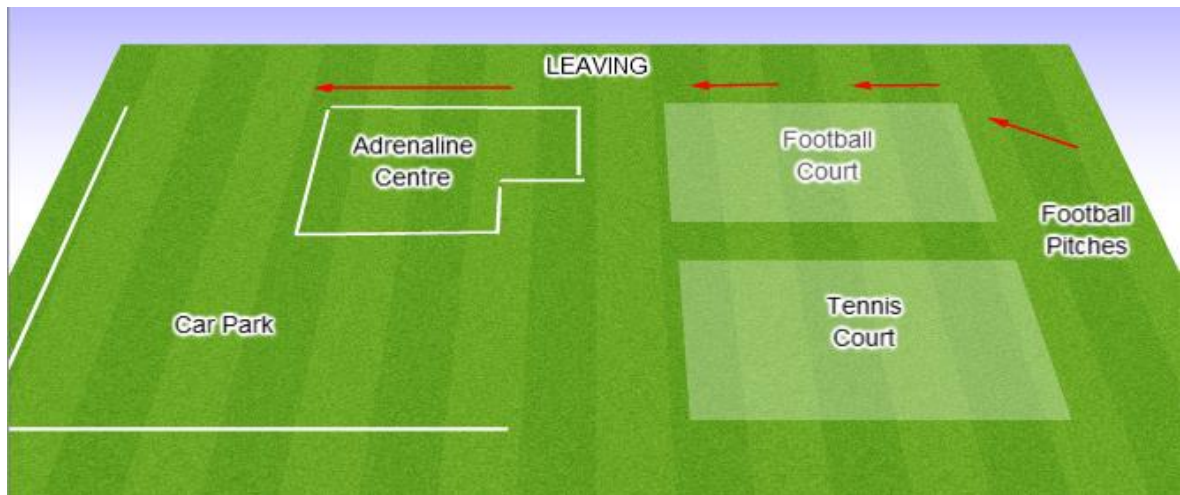


Diagram 3

